



Neurological Associates of Washington

<http://www.neuroassociates.us/>

Tel: 425-505-2200

BELLEVUE

1600 116th Ave. NE, Suite 302
Bellevue, WA 98004

KIRKLAND

13107 121st Way NE
Kirkland, WA 98034

POULSBO

17791 Fjord Dr. NE, Suite 156
Poulsbo, WA 98370-8483

NEUROSURGERY

Varun Laohaprasit, M.D.

Diplomate, American Board of Neurosurgery
Cranial Microsurgery, Spinal Surgery and
Fusion and Reconstruction, Peripheral Nerve
Surgery.

Ali J. Naini, M.D.

Diplomate, American Board of Neurosurgery
Minimally Invasive Surgery of the Brain,
Spine and Peripheral Nerves.

Jeffrey E. Pearce, M.D.

Diplomate, American Board of Neurosurgery
Surgery of the Spine and Peripheral Nerves.

NEUROLOGY

Erik R. Armitano, M.D.

Diplomate, American Board Neurology

Mark A. Fishel, M.D.

Diplomate, American Board Neurology

Roman L. Kutsy, M.D.

Diplomate, American Board of Neurology

Casey Carter Nazor, M.D.

Diplomate, American Board of Neurology

PEDIATRIC NEUROLOGY

Lauren Plawner, M.D.

Diplomate, American Board of Neurology
With Special Competence in Child
Neurology

Regarding: Your upcoming appointment.

We would like to welcome you to Neurological Associates of Washington and look forward to meeting with you soon. In order to help make the appointment most beneficial, please find the following below:

1. A **Reminder Form** with essential information regarding what to bring to your appointment along with **driving directions** to our office.
2. A **Health Profile Form** to organize the necessary background information regarding your medical history. We have meticulously crafted this form so as to expend as little of your precious time as possible! Please complete this form in advance of your appointment and either fax it to us at 425-899-6228, or hand it to our front desk receptionist as you check in on the day of your appointment. Thank you!

Please feel free to contact Christina directly at 425-658-3303, if we might be of further assistance.

Thank you for the privilege of being involved in your care.

With best wishes,

The Staff at Neurological Associates of Washington



Neurological Associates of Washington

Office hours:
Monday through Friday, 8AM to 5 PM

Reminder Form

Appointment Details:

Date: _____.

Time: _____.

Physician: Ali Naini, M.D.

Office location: Kirkland (please see attachment)

It is very helpful to remember the following 6 key points (sorry for these details, but unless we clarify them now, they may take up valuable time at your appointment):

1. **If your health insurance plan requires a referral** from your primary care physician, please verify that your primary physician has completed the appropriate referral forms and faxed them to our office at 425-899-6228.
2. Are you here because of an on the job injury? If so, is it a **Labor and Industries claim** or **Self-Insured Claim**? If so, the claim must be open and allowed. All of the claim information must be filled out in our *Health Profile Form*.
3. Are you here because of a **motor vehicle accident**? If so, we are compelled to ask for payment at the time of your visit because we unfortunately do not have very much success billing automobile insurance companies. Please list any attorney information (if applicable) on the *Health Profile Form* and inform them of our office policy in this regard. Thank you!
4. Through secure web sites, we are able to download any imaging studies (i.e., X-rays, MRI, CT, etc.) that have been done at the following three facilities:
 - a. Evergreen Hospital and RADIA
 - b. Overlake Hospital
 - c. C.D.I.

If your relevant diagnostic studies were done at either of these three facilities, it will *not be necessary* for you to retrieve and bring the films in to your appointment. However, if your imaging studies were done at any other outside facility, please be sure to obtain a disc of your images from the imaging facility and bring it with you to your appointment. A word to the wise: the facility (e.g., the imaging facility or another physician's office) may offer to send the films to us. However, in our experience the images consistently never arrive in time for your appointment. We would thus again strongly advise that you or a trusted friend/family member **personally pick up** the CD/films and physically bring them to our office for your appointment. Not having the films with you at the time of your appointment can hinder our evaluation and sometimes require the great inconvenience of rescheduling your appointment. We generally only need the films that pertain to the existing problem(s) for which you are being evaluated. However, please ask the imaging facility to give you all prior films pertaining to the problem(s) so that we can analyze any changes that may have occurred over time. Of course, if you have never undergone any pertinent imaging studies, that is totally fine. And if we can help you in any possible way (or if you get frustrated with the process), please let us know.

5. If you are being seen for a spinal problem and you have had any diagnostic injections (e.g., selective nerve root blocks, epidural steroid injections, etc.), we would ask that you request the physician's office to forward those reports to us. To do this, please leave a message at the physician's office and ask their staff to fax the reports directly to our office at **425-899-6228**. The more information we have, the better we can understand your case.
6. Please remember to bring your health insurance card, drivers license (a recent legal requirement) and any required co-payment (via cash, Visa or Mastercard) with you to your appointment. If you do not have these items, we may not be able to check you in!

We greatly appreciate your attention to these details, as it will allow us to do our very best work for you.

Directions to Kirkland Office

13107 121st Way NE, Kirkland, WA 98034
425-505-2200

COMING FROM THE SOUTH:

1. Going North on I-405, take Exit 20B (“NE 124th Street-Totem Lake Blvd”). Very shortly after exiting, the road will branch. Stay in the Right hand lane and go down under the overpass to the next stoplight/intersection.
2. Go straight through the intersection (you will be on 120th Avenue NE, passing Bank of America on your Right).
3. Continue on 120th Avenue NE, up a small hill to the intersection of NE 128th Avenue. (This is also the SW corner of EvergreenHealth Medical Center)
4. Continue straight through this intersection to the next intersection, which is NE 130th Lane.
5. Turn Right onto NE 130th Lane. Go one block and then take your first Left onto 121st Way NE. (at the crosswalk)
6. 121st Way NE is a short street that will dead end after about 50 yards. Take the last Left into the parking lot of “Washington Medical Plaza.”
7. We are the first office on the far Left side of the building, directly in front of you as you enter the parking lot (labeled 13107). Please park in a convenient location and come on in. If you become lost, feel free to call us at 425-505-2200!

COMING FROM THE NORTH:

1. Going South on I-405, take Exit 20 (NE 124th Street Exit) and proceed to the intersection which is 124th Street.
2. Turn Left onto NE 124th Street (and then get in the Left hand lane) which will take you back over the freeway. You will pass LA Fitness and through one small streetlight. The next streetlight will be Totem Lake Boulevard. You will see a Public Storage Facility on your Left and a RiteAid store on your Left.
3. At this streetlight, turn Left onto Totem Lake Boulevard and proceed to the next intersection which will be 120th Avenue NE.
4. Turn Right onto 120th Avenue NE and continue about a quarter mile up a small hill to the next streetlight which is NE 128th Street.
5. Keep going straight through this intersection, passing Evergreen Hospital on your Right. The next streetlight (which is also on the Northern border of the hospital) will be NE 130th Lane and only allows you to turn Right.
6. Turn Right onto NE 130th Lane. Go one block and then take your first Left onto 121st Way NE. (at the crosswalk).
7. 121st Way NE is a short street that will dead end after about 50 yards. Take the last Left into the parking lot of “Washington Medical Plaza.”
8. We are the first office on the far Left side of the building, directly in front of you as you enter the parking lot (labeled 13107). Please park in a convenient location and come on in. If you become lost, feel free to call us at 425-505-2200!